

# DIG THE FALLS

Block Cascade on Stag Brook - Wilmington

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The Block Cascade is a broad, 20-foot-high block cascade that forms on the upper section of Stag Brook, a tributary to the West Branch of the Ausable River, that rises from Whiteface Mountain.

To get there: [GPS: 44°21.415'N 73°52.136'W](#) - From Stag Brook Falls [see chapter on Stag Brook Falls for directions], follow the trail uphill for approximately 0.25 mile. At that point, a service road crosses Stag Brook Trail. Continue hiking uphill along the trail, passing by several more cascades, until you reach Block Cascade.

This waterfall is part of the [Adirondack Fifty Falls Challenge](#).

44.346146

This waterfall can be found in Russell Dunn's [Keene Valley Region Waterfall Guide](#).

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